



SAFA | COLLEGE OF
ARTS AND SCIENCE

Affiliated to University of Calicut | ISO 9001-2015 Certified

PROGRAMME OUTCOMES
PROGRAMME SPECIFIC OUTCOMES
COURSE OUTCOMES

BACHELOR OF PSYCHOLOGY



NO	PROGRAM OUTCOME
PO 01	To familiarize with major concepts, theoretical perspectives and fields in psychology
PO 02	To offer learning opportunities to orient the students towards scientific and humanistic study of the complexities of human mind and behaviour
PO 03	Imparting knowledge of basic psychological concepts and methods and developing ability to appreciate the challenges in field settings
PO 04	To develop a critical understanding of psychology and apply psychological principles to personal, social and organizational matters.
PO 05	To understand and apply research methods in psychology including research design, data analysis and interpretation

Above mentioned programme outcomes are more specifically split in to the Programme Specific Outcomes.

NO	PROGRAM SPECIAL OUTCOME
PSO 01	Demonstrate solve and an understanding of major concepts in all disciplines in psychology
PSO 02	create an awareness of the impact of psychology to the environment, society and development outside the community
PSO 03	students completing the program with an emphasis in humanities and foster the achievement
PSO 04	Create the dynamics of relationships , social behaviour and fundamentals of human nature

SEMESTER I

SL. NO.	NAME OF COURSE	COURSE OUTCOME	
1	HUMAN PHYSIOLOGY-I	CO1	Help to understand the basics of cell and its functions
		CO2	To get the idea and concept of gene, its structure and replication
		CO3	Understand the cell cycle, mitosis, meiosis process undergone in the body.
		CO4	Understand the mandels work of inheritance. It also helps to get better understanding in alleles, heterozygosity and geotype/ phenotype
		CO5	Get the clear idea about genetic disorders, its symptoms and management plans.
2	DISCRIPTIVE STATISTICS	CO1	Students will summarize data visually and numerically.
		CO2	Calculate the mean, median, and mode of a set of data
		CO3	To make a comparative study of the variability of two series

SEMESTER II

SL. NO.	NAME OF COURSE	COURSE OUTCOME	
1	BASIC THEMES IN PSYCHOLOGY-II	CO1	Understand higher mental processes like intelligence, thinking, motivation and emotion etc
		CO2	Able to explain correlates and determinants of one's behaviour, judgement, reasoning, emotion, motivation and personality
		CO3	equipped to explain why a person is motivated to behave in a particular way
2	HUMAN PHYSIOLOGY II	CO1	Helps to get the knowledge of central nervous system and peripheral nervous system through the concept.
		CO2	Develop the clear picture of brain, spinal cord and reflex action.
		CO3	Understand the working mechanism of cerebellum and basal ganglia.
		CO4	Helps to improve the understanding of cerebral cortex and its functions
		CO5	Improve the knowledge in the states of brain activity and techniques in neurophysiology
3	REGRESSION ANALYSIS & PROBABILITY THEORY	CO1	To calculate the relationship of variables and correlation analysis.
		CO2	To calculate the regression equations
		CO3	Basic idea about regression analysis and partial multiple correlation coefficient
		CO4	To get an idea about basic probability and random variables and their probability distributions.

SEMESTER III

SL. NO.	NAME OF COURSE	COURSE OUTCOME	
1	PSYCHOLOGICAL TESTING & MEASUREMENT	CO1	Understanding of measurement tools which is basic of psychometrics
		CO2	To identify psychometric properties of a psychological test
		CO3	To familiar with various psychological test that are in common use
		CO4	Establish research attitude in students by teaching research fundamentals
2	HUMAN PHYSIOLOGY III	CO1	To understand about visual system and visual defects
		CO2	To learn about anatomy of auditory system and hearing abnormalities
		CO3	To understand about organisation of gustatory and olfactory system
		CO4	To understand about various cutaneous senses
		CO5	To understand about various endocrine glands and action of hormones
3	PROBABILITY DISTRIBUTION	CO1	To calculate the confidence interval for parameters.
		CO2	To calculate critical regions for hypothesis test.
		CO3	To provide trustworthy results when the groups have different amounts of variability
		CO4	To calculate different sample test.
4	EXPERIMENTAL PSYCHOLOGY-PRACTICAL-I	CO1	Able to understand how psychological phenomenon such as attention and perception can be studied using tests and experiments.
		CO2	Able to conduct and prepare reports on Psychological tests and experiments objectively
		CO3	Acquire basic skills necessary to conduct psychological Experiments

SEMESTER IV

SL. NO.	NAME OF COURSE	COURSE OUTCOME	
1	INDIVIDUAL DIFFERENCE	CO1	Explain basic concepts and theories of intelligence & personality
		CO2	Explain the origins and types of intelligence testing
		CO3	Describe the tools used for personality assessment
		CO4	Distinguish between attitude and attachment
2	HUMAN PHYSIOLOGY-1V	CO1	To understand about physiological processes underlying psychological event hunger
		CO2	To understand about physiological basis of thirst
		CO3	To understand about physiological basis of sexual behavior
		CO4	To learn about neural basis of emotion
		CO5	To understand about causes of brain damage and neuroplasticity
3	STATISTICAL TECHNIQUES FOR PSYCHOLOGY	CO1	Know the practical issues arising in sampling studies
		CO2	Appropriately interpret results of analysis of variance test
		CO3	Design experiments, carry them out and analyze the data they yield.
		CO4	Demonstrate understanding of the concepts time series and it's applications in different areas.
4	EXPERIMENTAL PSYCHOLOGY PRACTICAL-IV	CO1	Able to understand psychological phenomenon using tests and experiment
		CO2	Able to measure Psychological attributes such as memory and illusion
		CO3	Able to conduct and prepare reports on Psychological tests and experiments objectively.

SEMESTER V

SL. NO.	NAME OF COURSE	COURSE OUTCOME	
1	ABNORMAL PSYCHOLOGY-I	CO1	Discuss historical antecedents to modern understanding of abnormal behaviour
		CO2	Understand major classification of mental disorders and behaviour
		CO3	Describe etiology related to various abnormal behaviour
		CO4	explain clinical features of mental disorders such as stress disorders and anxiety disorders , somatoform disorders and personality disorders
2	SOCIAL PSYCHOLOGY	CO1	Understand the historical and scientific origin and development of the Social Psychology
		CO2	Demonstrate the ability to state the fundamental principles of social psychology
		CO3	Describe the basic psychological theories, principles, and concepts explaining social perception attitude formation, group processes, pro-social behavior, conformity/obedience and stereotyping/prejudice
		CO4	Predict the outcomes of various social situations through application of social psychology principles
3	DEVELOPMENTAL PSYCHOLOGY-I	CO1	Basic understanding of the initial researches done in the field of developmental psychology
		CO2	Get an idea about the different stages of prenatal development
		CO3	Basic understanding regarding physical, cognitive, and emotional development in the early stages of life
		CO4	Get an idea about theories in this field and their practical implications.
4	PSYCHOLOGICAL COUNSELLING	CO1	Able to understand the importance and application of psychological counselling.
		CO2	Able to understand the basic skills necessary for Psychological counselling
		CO3	Differentiate different counselling approaches used
		CO4	Critically analyze ethical issues in counselling

5	HEALTH PSYCHOLOGY	CO1	Demonstrate understanding of the biological, behavioural, cognitive and social determinants of health, and risk factors for health compromising behaviours and strategies for their modification
		CO2	Describe the bio psychosocial model of health and other specific but related psychological theories
		CO3	Understand the effects of stress on person's health and the role played by stress buffering factors AND Able to recommend the stress management strategies
		CO4	Identify the psychosocial issues related to terminal illness and its management
6	LIFESKILL APPLICATIONS	CO1	Develop and exhibit accurate sense of self
		CO2	Applying comprehensive set of skills and knowledge for life success
		CO3	Understand the communication process and its benefits
		CO4	Able to practice , and translate performance of life skills into efficient habits
7	EXPERIMENTAL PSYCHOLOGY- PRACTICAL II	CO1	Understand how psychological phenomenon can be explored using tests and experiments.
		CO2	Conduct and prepare reports on Psychological experiments objectively
		CO3	Evaluate the effect of different learning methods, transfer of training, and motivation
8	EXPERIMENTAL PSYCHOLOGY- PRACTICAL III	CO1	Understand how psychological phenomenon can be explored using tests and experiments.
		CO2	Conduct and prepare reports on Psychological tests objectively
		CO3	Able to assess the Intelligence, personality, creativity ,adjustment, interest, achievement and decision making skill of an individual
9	PROJECT	CO1	To study basic skills to conduct a research
		CO2	To learn basic way of data collection and processing

SEMESTER VI

SL. NO.	NAME OF COURSE	COURSE OUTCOME	
1	ABNORMAL PSYCHOLOGY-II	CO1	Describe the characteristics and clinical features of substance abuse disorder , schizophrenic
		CO2	Describe the characteristics and clinical features of schizophrenia and other psychotic disorder
		CO3	Explain major developmental disorder
		CO4	Examine the impact of biological, psychological, and social factors on the development of psychological disorders
2	APPLIED SOCIAL PSYCHOLOGY	CO1	Understand the foundations of applied social psychology
		CO2	Demonstrate the application of social psychology in different areas like clinical and counselling psychology
		CO3	Able to examine the media related violence and recommend the preventive measures for aggression
		CO4	To get an outline regarding different aspects of social problems in India
3	DEVELOPMENTAL PSYCHOLOGY II	CO1	Get an insight regarding the major life changes in Adolescence and Adulthood
		CO2	Understand the physical, social, emotional and cognitive changes during adulthood
		CO3	Identify the factors affecting job satisfaction and vocational adjustments
		CO4	Help the student to become self-aware of the changes happening in one's life
4	LIFE SKILL EDUCATION: APPLICATIONS AND TRAINING	CO1	Develop and exhibit accurate sense of self
		CO2	Able to identify coping skills and its applicability
		CO3	Understand the communication process and its benefit
		CO4	Applying comprehensive set of skills and knowledge for personal enhancement
5	ELECTIVE	CO1	Develop an elaborative idea about positive psychology in eastern and western perspective
		CO2	Understand the concept of well- being and identify its implications
		CO3	Understand various dimensions and applications of happiness

		CO4	Integrate and apply core concepts of positive psychology to personal and professional life
7	EXPERIMENTAL PSYCHOLOGY - PRACTICAL-II	CO1	Students would be able to understand how psychological phenomenon can be studied using tests and experiments.
		CO2	Students would be able to conduct and prepare reports on Psychological tests and experiments objectively
		CO3	Acquire basic skills necessary to conduct psychological Experiments
8	EXPERIMENTAL PSYCHOLOGY- PRACTICAL-III	CO1	Students would be able to understand how psychological phenomenon can be studied using tests and experiments
		CO2	Students would be able to conduct and prepare reports on Psychological tests and experiments objectively.
		CO3	Acquire basic skills necessary to conduct psychological Experiments