

## SIP Annual Report 2023-2024

The student initiative in palliative care at Safa College of Arts and Science, Pookkattiri, continues to be a compassionate and dedicated group of students committed to promoting awareness about palliative care and providing support to patients and families facing life-limiting illnesses. The initiative aims to foster empathy, compassion, and holistic care in the community.

### Activities and Achievements:

During the academic year 2023-2024, the student initiative in palliative care at Safa College of Arts and Science organized several activities and achieved significant milestones to further its mission. Some of the key activities and achievements include:

1. **Awareness Campaigns:** The students conducted awareness campaigns on-campus and in the local community to educate people about the importance of palliative care and the services available to them.
2. **Fundraising Events:** To support local palliative care organizations and initiatives, the students organized fundraising events such as charity drives, bake sales, and online campaigns.
3. **Volunteer Program :** The students actively volunteered at local hospices and palliative care centers, providing companionship, emotional support, and assistance to patients and their families.
4. **Training Workshops:** The initiative organized training workshops for students interested in learning more about palliative care, end-of-life issues, and how they can contribute to improving the quality of life for those in need.
5. **Collaborations with Healthcare Professionals:** The students collaborated with healthcare professionals, including palliative care specialists and nurses, to gain insights into best practices and deepen their understanding of the field.

### Long - term goals:

Looking ahead to the upcoming year, the student initiative in palliative care at Safa College of Arts and Science has outlined several future plans to expand its impact and reach. Some of our future plans include:

1. Continuing partnerships with local healthcare institutions to enhance the quality of palliative care services available in the community.
2. Organizing more awareness campaigns and educational sessions to engage with a broader audience and increase understanding of palliative care.
3. Expanding volunteer opportunities and outreach programs to reach more patients and families in need of support.
4. Collaborating with other student organizations and community groups to advocate for improved access to palliative care services.

The student initiative in palliative care at Safa College of Arts and Science, Pookkattiri, remains committed to making a positive impact on the lives of those facing life-limiting illnesses during the academic year 2023-2024. We are grateful for the dedication and commitment of our members, volunteers, supporters, and partners who have contributed to our success. As we move forward, we will continue to uphold our mission of promoting awareness, providing support, and advocating for compassionate end-of-life care. Thank you to all who have supported us on this important journey.

<b>Year</b>	<b>Name of the Program</b>	<b>Number of Participants</b>	<b>Date</b>
2023-2024	<b>Blood Donation Camp</b>	65	13-07-2023
2023-2024	<b>VHC (Volunteer Home Care)</b>	08	03-08-2023
2023-2024	<b>Committee Form-2023-24</b>	80	14-08-2023
2023-2024	<b>SIP Orientation</b>	80	14-08-2023
2023-2024	<b>Cancer Drawing Competition</b>	10	07-11-2023
2023-2024	<b>SIP Orientation 2.0</b>	100	09-11-2023
2023-2024	<b>Kanal Fest</b>	150	21-11-2023
2023-2024	<b>Game Competition</b>	100	29-11-2023
2023-2024	<b>SIP Unit Has Been Honored By IMA</b>	05	01-12-2023
2023-2024	<b>AIDS DAY</b>	200	01-12-2023
2023-2024	<b>Blood Donation Awareness Class</b>	120	04-12-2023
2023-2024	<b>Blood Donation Camp</b>	75	07-12-2023
2023-2024	<b>YUWAJWALA One Day Camp</b>	30	07-01-2024
2023-2024	<b>Field Work (Palliative Fund Collection)</b>	60	15-01-2024
2023-2024	<b>Field Work (Palliative Fund Collection)</b>	15	24-01-2024
2023-2024	<b>Republic Day Spend With Palliative Care</b>	20	26-01-2024
2023-2024	<b>Palliative Day Care</b>	30	25-02-2024

## VHC (Volunteers Home Care)



03/08/2023

**VHC (Volunteers Home Care) conducted by SIP Unit of Safa College on 03/08/2023.**

Sip Unit volunteers visited the house of Rabih and Rahina today.

Sip's Staff Coordinator Shameem, Student Coordinator Musthafa, Sip Unit Representatives Jusail, Saniga and Anagha were part of Volunteers Home Care.

Many good moments full of laughter and jokes were enjoyed with loved ones today. This day definitely holds a place in our hearts. It was so beautiful from the time we arrived to the time we left. Amidst all the fun, we remembered the good fortune we had..

# Aids Day



1/12/2023

SIP unit conducted 2 programs on December 1 as part of Aids day.

As part of AIDS Day, SIP Unit pinned AIDS ribbons to all the students and staff of the college in the morning. Signature campaign was also conducted in the afternoon on the same day. Many students and volunteers took part in this.

## Yuvajwala One Day Camp.



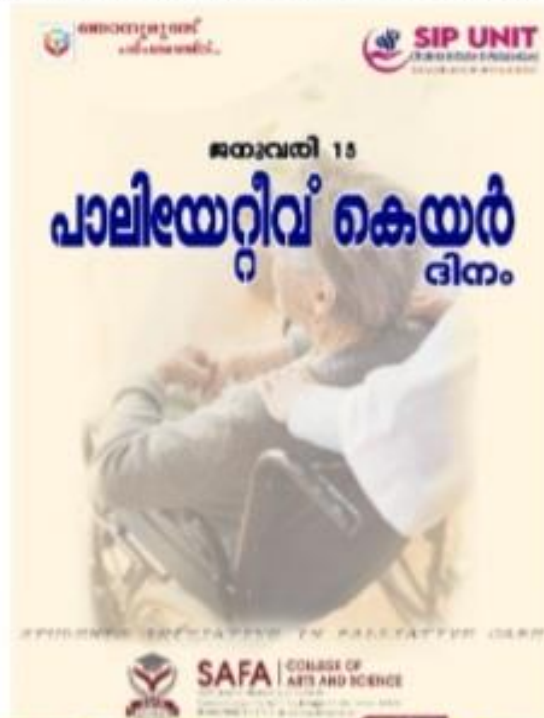
07/01/2024

Sunday

SIP Unit also participated in Yuvajwala One Day Camp.

Nehru Yuva Kendra Malappuram and Kerala AIDS Control Society jointly organized Yuvajwala one day leadership camp for young women and youth. SIP Unit of Safa College also participated in the program. About 15 volunteers were present in this program. Trainers Anuf Paravannoor, Hamsa Parampath, Excise Officer Ganesh Kumar etc. managed various sections. Camp Coordinator Mustafa thanked the participants of the program. Certificates were also distributed to the participants and the program ended.

## REPUBLIC DAY CELEBRATION SPENT WITH PALLIATIVE CARE AT SIP UNIT



26/01/2024

Friday

SIP unit as part of Palliative's comprehensive work on Republic Day.

On the occasion of 26th January Republic Day, SIP Unit and Valancherry Pain and Palliative jointly organized ward level fund collection in collaboration with Valanchery Municipality on 26/01/2024-Friday. The fund collection program was organized as part of field work of SIP Unit. Five volunteers of the unit participated in the program. Volunteer and coordinator of the unit Musthafa, SIP executive member Tanveera and other volunteers Ansha, Hasbin and Alisa participated. About 3000 rupees were collected and the program ended around noon.

# **BLOOD DONATION CAMP**



**Date: 13th July 2023**

**Venue: College Seminar Hall**

SIP And NSS Unit Organized A Blood Donation Camp In Collaboration With IMA And BDK. The Event Was Held To Create Awareness Among Students About The Importance Of Donating Blood And To Encourage Them To Become Regular Donors.

The Camp Started At 9:30 Am And Continued Until 12.30 Pm. The Seminar Hall Was Decorated With Posters And Banners Highlighting The Significance Of Blood Donation. The Staff From The Local Blood Bank Set Up Their Equipment And Provided All Necessary Medical Facilities For The Donors.

COMMITTEE 2022-24

The Event Received An Overwhelming Response From The Students, Faculty, And Staff Of The College. More Than 100 Students Registered For The Camp, And Around 70 Of Them Donated Blood. The Donors Were Provided With Refreshments After The Donation Process.



## The SIP Unit Has Been Honored By IMA



ആദരവിന്റെ നിറവിൽ എസ്.ഐ.പി

ലോക എയ്ഡ്സ് ദിനചരണത്തിന്റെ ഭാഗമായി സന്നദ്ധ രക്തദാന രംഗത്ത് നൽകിയ അടുർച്ചയായ പിന്തുണക്ക് സഹ കോളേജ് ഓഫ് ആർട്സ് & സയൻസിലെ എസ്.ഐ.പി യൂണിറ്റിന് പെരിന്തൽമണ്ണ ഐ.എം.എ യുടെ ആദരവ് എസ്.ഐ.പി കോർഡിനേറ്റർസ് ഏറ്റുവാങ്ങുന്നു.

- Students Initiative In PalliativeCare -

1/12/2023

**The SIP unit has been honored by IMA (Indian Medical Association).**

On the occasion of World AIDS Day, a program to felicitate voluntary blood donation organizations was held at Perinthalmanna and accepted the invitation of Indian Medical Association Perinthalmanna. SIP Unit Coordinators Shameem, Musthafa and President Jusail from Safa College Of Arts And Science participated in the program. IMA Perinthalmanna congratulating SIP unit for organizing more blood donation camps in the college, And memento transferred to the unit.

# Blood Donation Camp



The poster features a central graphic of a blood donation set with a red bag and a white tube. At the top left are logos for SIP Unit Safa College and Blood Donors Kerala. The text reads: 'SIP Unit Safa College & BDK Tirur Taluk Committee In Association With IMA Perinthalmanna'. The main title 'BLOOD DONATION CAMP' is in large red letters. Below it, '7<sup>th</sup> December 2023 Thursday' is written in black. A QR code is labeled 'Scan For Reg'. At the bottom, it says 'SEMINAR HALL SAFA COLLEGE OF ARTS & SCIENCE' and includes the quote: 'It's easier to give when you look at it from both sides. Change two lives. Give blood. Give life.'

Date: 7th December 2023  
Venue: College Seminar Hall

#### Introduction:

SIP Safa college unit organized a blood donation camp in collaboration with IMA and BDK. The event was held to create awareness among students about the importance of donating blood and to encourage them to become regular donors.

#### Camp Details:

The camp started at 9:30 am and continued until 12.30 pm. The seminar hall was decorated with posters and banners highlighting the significance of blood donation. The staff from the local blood bank set up their equipment and provided all necessary medical facilities for the donors.

---

The event received an overwhelming response from the students, faculty, and staff of the college. More than 65 students registered for the camp, and around 39 of them donated blood. The donors were provided with refreshments after the donation process.

The college blood donation camp was a huge success. It not only helped in creating awareness about blood donation but also contributed to saving lives. The event received positive feedback from the participants, and many expressed their willingness to donate blood in future camps as well. The college management appreciated the efforts of the organizing committee and expressed their desire to continue such initiatives in the future.

# POSTER DRAWING COMPETITION



**SIP UNIT SAFA COLLEGE**  
(STUDENTS INITIATIVE IN PALLIATIVECARE)

**NATIONAL  
CANCER  
AWARENESS DAY  
POSTER DRAWING COMPETITION**

NOTE: THIS COMPETITION IS FOR SIP VOLUNTEERS ONLY

- # TOPIC : NATIONAL CANCER AWARENESS DAY
- # POSTER TYPE : HAND MADE
- # NO RULES FOR MAKING
- # SHOWN YOUR OWN CREATIVITY
- # AFTER FINISH THE WORK, TAKE A PHOTO AND UPLOAD INTO THIS GROUP IN HD RESOLUTION.
- # LAST DAY OF SUBMISSION : 07-11-2023 (9:00 PM)

**SAFA** COLLEGE OF ARTS AND SCIENCE



**SIP UNIT SAFA COLLEGE**  
(STUDENTS INITIATIVE IN PALLIATIVECARE)

**NATIONAL  
CANCER  
AWARENESS DAY  
POSTER DRAWING COMPETITION  
Winners**

**Hiba Thasni**  
(BA English 3rd Sem.)

**Shifana**  
(BBA 3rd Sem.)

**Shamna**  
(BAFT 1st Sem.)

**Congratulations...**

**SAFA** COLLEGE OF ARTS AND SCIENCE

07/11/2023  
THURSDAY

SIP unit conducted poster drawing competition as part of National Cancer Awareness Day on November 7. It was an online poster drawing competition related to cancer. Around 10 sip volunteers participated in the program and successfully passed it. Within a week the unit announced the winners.

Winners :

1st - Shifana (BBA 3rd Sem)

2nd -Hiba thasni (BA ENG 3rd Sem)

3rd -Shamna (Baft 1st Sem)