



SAFA | COLLEGE OF ARTS AND SCIENCE

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DEPARTMENT OF PSYCHOLOGY

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| CERTIFICATE COURSE CODE | : SFAPSY04 |
| CERTIFICATE COURSE NAME | : REHABILITATION PSYCHOLOGY |
| DATE | : 18-07-2023 to 14-11-2023 |
| COURSE TEACHER | : AJISHA THASNEEM |
| DESCRIPTION | : The course is designed to train students to understand the needs of people with disabilities and perform a vital role in their personal, vocational and educational adjustment within self-advocacy and community development model |

Objectives:

1. **Understanding Disability:** Provide participants with a comprehensive understanding of various disabilities, including physical, cognitive, and psychological impairments, and their impact on individuals' functioning and well-being.
2. **Psychological Assessment:** Teach participants how to conduct comprehensive assessments of individuals with disabilities, including evaluating their cognitive, emotional, and behavioral functioning.
3. **Supportive Counseling:** Equip participants with counseling skills to provide emotional support, facilitate adjustment, and promote resilience among individuals with disabilities and their families.
4. **Advocacy and Empowerment:** Empower participants to advocate for the rights and needs of individuals with disabilities, promote inclusion and accessibility, and challenge societal barriers and stereotypes.
5. **Professional Development:** Provide opportunities for professional development, including continuing education, networking, and staying abreast of emerging trends and research in rehabilitation psychology.

Outcomes:

1. **Comprehensive Assessment Skills:** Participants will demonstrate proficiency in conducting thorough assessments of individuals with disabilities, identifying strengths, challenges, and intervention needs.
2. **Effective Intervention Strategies:** Participants will be able to implement evidence-based psychological interventions to address the psychological and emotional needs of individuals with disabilities and facilitate their rehabilitation process.
3. **Enhanced Counseling Skills:** Participants will develop effective counseling skills to provide support, guidance, and empowerment to individuals with disabilities and their families, fostering resilience and coping abilities.
4. **Advocacy and Empowerment:** Participants will advocate for the rights and needs of individuals with disabilities, promote accessibility and inclusion, and work towards creating a more inclusive and equitable society.

5. **Continued Professional Growth:** Participants will engage in lifelong learning and professional development activities to stay current with advancements in rehabilitation psychology and enhance their practice.

SYLLABUS

Module I: Rehabilitation Psychology

10 hours

Rehabilitation Psychology: Definition, historical perspective, scope and methods.
Functions of Rehabilitation Psychology

Module II: Psychological Approach to Rehabilitation

10 hours

Psychological Approach to Rehabilitation: Assessment, diagnosis, treatment and certification.
Role of psychologist in disability rehabilitation
Understanding psychological needs of caregivers and working with families of persons with

Module III: Work settings of rehabilitation psychologists

10 hours

Work settings of rehabilitation psychologists : Designing training programmes for rehabilitation psychologists
Training need analysis, implementation of training programmes

Reference:

- Golden C.J., 1984. Current Topics in Rehabilitation Psychology: Grune & Straton, London.
- Nirbhay N.Singh, 1998. Comprehensive Clinical Psychology: Application in Diverse Populations, Volume 9, Elsevier Science, Pergamon.
- Zigler, E, Gates, D.B (1999). Personality development in individuals with Mental Retardation, New York: Cambridge University Press.